DAZED WITH PAIN.

The Sufferings of a Citizen of Olympia, Wash

L. S. Gorham, of 516 East 4th St., Olympia, Wash., says: "Six years ago I got wet and took cold, and was soon



flat in bed, suffering tortures with my back. Every move ment caused an agonizing pain, and the persistency of it exhausted me, so that for a time I was dazed and stupid. On the advice of a friend I began using Doan's Kidney Pills, and soon no-

ticed a change for the better. The kidney secretions had been disordered and irregular, and contained a heavy sediment, but in a week's time the urine was clear and natural again and the passages regular. Gradually the aching and soreness left my back and then the lameness. I used six boxes to make sure of a cure, and the trou-ble has never returned."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

CURIOS AND ODDITIES.

Only one woman in 100 insures her tife

Ellen Terry is passionately fond of cats. Sarah Bernhardt has a huge bed 15

feet long. Patti sleeps with a silk scarf about

her neck. Brides in Australia are pelted with

rose leaves. In stature Eskimo women are the

shortest on earth. No photographs are ever taken of women in China.

A woman's brain declines in weight after the age of 30.

In Africa wives are sold for two packets of hairpins.

New York has 27,000 women support their husbands.

Drunkenness is rare, smoking comenon smong Japanese women.

BIBLICAL BASEBALL.

A Canton (O.) theological student interested in baseball wrote a thesis on "Baseball Among the Ancients," from which are gleaned the following facts: Abraham made a sacrifice.

The Prodigal Son made a home run Cain made a base hit when he killed Abel.

David was a great long-distance thrower.

Moses shut out the Egyptians at the Red sea. Moses made his first run when he

slew the Egyptian. The devil was the first coacher. Eve

stole first—Adam stole second. When Isaac met Rebecca at the well

she was walking with a pitcher. Samson struck out a great many

times when he beat the Philistines. First Electric Light.

Electric light was first exhibited outside the Galety theater, London, August 2, 1864.

PHYSICIAN SAYS

Children Thrive on Grape Nuts and Cream.

A Mass, physician has found a cure for constipation in children - citing the man's coat. fifteen cases-by feeding them Grape-

"Some time ago," he writes, "I became interested in your food, Grape and we'll just go together. I haven't Nuts, as a cure for constipation in children. Having tried it in my own family, I have advised it in fifteen cases in which all suffered with constipation more or less severe. The result has been absolute relief in all.

"I write this that other children may be benefited."

How much better it is thus to bring about a healthy action in the bowels of growing children by natural means, than to feed them with improper food, requiring some kind of cathartic at intervals to overcome constipation.

Grape-Nuts gives energy to the en tire nervous system including the nerves that cause the natural contraction and relaxation of the bowel muscles, that propel the food mass

It is predigested also, and the blood easily absorbs the food as it goes through the body, storing up vitality and force for the functions of all the organs.

Children especially, should get the right start as to habits of living. They should grow into bright, strong cheerful men and women. Grape-Nuts solve the question of the start; a wholesome appetite will do the rest.

Children's teeth are benefited by chewing Grape-Nuts, also. Your dentist will tell you that a certain amount of exercise in chewing firm food, is necessary to grow strong, beautiful teeth.

Teeth need exercise just the same as muscles, if they are to grow strong and firm as nature intended. Grape Nuts gives the exercise and also gives material from which good teeth are made.

"There's a reason." Read the little book, "The Road to Wellville," in



HE HAS TROUBLE IN LOSING A PRISONER.

(Copyright, by the Century Co.)

(Copyright, 1906, by Joseph B Bowles,) It was when Policeman Barney Flynn was a new man on "th foorce" that he lost a prisoner, and he frankly admitted afterwards that he "niver sh'u'd ha-ave found him in th' fir-rst In other words, experience taught him that the arrest was not his dignity. So, when he had told the man to move on and the man had retorted by making various sarcastic and otherwise objectionable remarks, Policeman Flynn deemed it necessary for the honor and dignity of his official position to assert himself

"I'm taking my chances," returned

the man. "Come on!"
"I won't," said Policeman Flynn in.
his turn. "What cha-erge w'u'd I make ag'in ye?"

"That's your business," said the

"If ye'd been ray-sistin an officer iv th' la-aw," commented Policeman Flynn, "'t w'u'd be all r-right."

'Oh, well, if it will help you any," justified, but the new policeman insaid the man, "I'll resist. I'll punch variably is jealous of his authority and you in the stomach and—"

"If ye do," interrupted Policeman Flynn, menacingly, "I'll hit ye a clip on th' head with th' club."

"Then take me to the station," persisted the man. "I'm your prisoner. You've got me, haven't you?"

"Divil ta-ake ye, I can't lose ye!"



The Prisoner Caught the Policeman by the Arm and Pulled Him Along.

"Get a move on ye, now, or I'll r-run exclaimed Policeman Flynn, irritably. ye in," he said.

"Well, run me in," retorted the man. "Don't stand there talking about it, but do it."

"I will," said Policeman Flynn, but he intended it only as a threat.

"Well, why don't you?" was the taunting response. The man was one of the aggressively

troublesome fellows who think they know all about individua: liberty. "I will," said Policeman Flynn again,

and he took the man by the shoulder. "Niver will it be said that anny wan on me beat can talk ba-ack to me.'

There spoke the new policeman who makes work for himself; the older ones are never so toolish.

"Will ye go quiet-like or will I ta-ake a club to ye?" inquired the policeman, as he tightened his grip on

"Oh, I'll go along all right," answered the man. "I was thinking of dropping in on the sergeant anyway,

seen him in almost a year." Policeman Flynn hesitated. who want to see the sergeant are a rarity, and there is always a chance that they have some "infloo'nce" at headquarters.

"If ye'll g'wan about ye-er business I'll l'ave ye go," he suggested.

"But I won't," asserted the man. "I'm under arrest and I'm going to the station. If I've violated the law, you have no right to compromise the matter with me-it's your duty to lock me

This sounded to Policeman Flynn like a "bluff," and he hastened to

'call" it. "Come on, thin!" he exclaimed. "I'll put ye behind th' ba-ars fast enough, an' if ye don't come willin' I'll ca-all th' blue wagon."

Nevertheless, he wasn't exactly satisfied. The prisoner was too willing, and it is extremely disconcerting to have charge of a man who wants to be arrested. A man in the strong grasp of the law ought to hold back and change his tone. It began to dawn on Policeman Flynn before they had gone a block that perhaps the man was not 'bluffing" after all. So he stopped short and release | him.

"G'wan, now!" he said. "I'll not bebothered with ye any more. G'wan home!

"I won't." answered the man. "I'm your prisoner, and if you connive at the escape of a tellow you've placed under arrest I'll prefer charges against you. I'm going with you."

"Ye'll be sorry t'r it, suggested Policeman Flynn. "Ye'll find no feather beds at th' station, an' there do be r-rats in th' cells."

'G'wan about ye-er business now, an'

quit ye-er worryin' ly me." The prisoner caught the policeman

by the arm and pulled him along.
"Hang it all!" he cried. "Why don't you do your duty?"

"L'ave me loose!" commanded Policeman Flynn. "D' ye think ye-er th' whole po-lis foorce? I'll not arrist anny wan on composision."

"But you've already arrested me," urged the man. "Thin I .et ye go."

"But I refuse to be liberated. Come on, can't you?" And he almost dragged the reluctant officer along the

street. "L'ave go iv me ar-rm!" cried Po-Heeman Flynn. "I'll not ha-ave anny man makin' me lock him up ag'in me L'ave go, i tell ye!"

"Then come along peaceably," said the man. "You've no right to let me



"Then," Said the Man-"As a Matter of Personal Accommodation to You, I Will Leave You."

go, and I won't go A police magistrate is the only man who can free me after I have been arrested."

"I'll not take ye," insisted Policeman

"If you don't," asserted the man, "I ll stick by you until you are relieved and have to go in to report. I don't want any imitation arrest; I want the real thing, and it's only fair that I should have it. The way you're acting is a reflection on my dignity and makes me feel mighty small and of no account. Don't you think I'm worth arresting?"

"Iv coorse ye are. "I'm not too unimportant to be arrested, am 1?" "Niver a bit iv it."

"Then why don't ye run me in?" "I ha-ave throubles enough now."

"But you must: I insist." Policeman Flynn drew a long breath.

"Be a good teny, now, he said, "an" g'wan about ye-er business.'

"My business is to go to the station with you." "F'r why d' ye wa-ant to be con-

thrary?" pleaded Policeman Flyns. 'Can't ye do a good tur-run f'r a ma-an?

"Do you ask it as a favor?"

"F'r sure. I ask ye to g'wan home an' l'ave me alone '

"Oh, well, as a favor to you," returned the man, "possibly I might consent not to be arrested on this occasion."

" T w'u'd be a gr-rent favor. I don't wa-ant ye. I ha-ave no use f'r ye at all.

"Then," said the man, "as a matter of personal accommedation to you I will leave you."

"Whin I wint on th' foorce," muttered Policeman Flynn, as he resumed his beat, "I thought I might ha-ave throuble keepin' a pris'ner, but I niver knew 't w'u'd be so har-rd f'r to lose wan.

FIELD GLASSES FOR APMY.

An Accessory That Is as Necessary as Any Other Part of the Equipment.

A French military journal has been pointing out that one of the principal requisities for a well equipped officer is a powerful pair of field glasses. In these days of long range guns and smokeless powder there cannot be two opinions, says a London Globe writer, as to the value of an accessory which will enable a general to see without being seen himself or exposing his troops to the view of the opposing forces.

The lesson taught us by the Boers and the Japanese in recent campaigns seems to be: Use all your art in finding out-in seeing, in a word-the movements of the enemy, while remaining yourself invisible, and one of the most useful aids in this direction is a powerful pair of field glasses. Aqcording to the journal I have referred to the French officer and non-commissioned officer are expected to provide their own field glasses with the result that in most cases they are of inferior quality and the officer's judgment on them usually is: "I can see as well with my own eyes." But if the war office realized the value of the field glass in war it would be reckoned as indispensable as the service revolver, and like that weapon would be purchased wholesale by the government and sold to officers at cost price, payable in installments.

Switzerland, we are reminded, long ago discovered the value of the field glass; the Swiss artillery non-commissioned officers have always had good glasses. These are now about to be taken from them and given to the infantry officers, and in their place more powerful glasses will be supplied to the artillery.

HAVE TOO MANY CURRANTS

Company Organized in Greece to Produce Light and Power

from Them.

The company formed some months ago which obtained from the Greek government the monopoly of the growing trade in dried currants, upon taking over the stock of the former companies, found about 98,000,000 quarts of currants in its storehouses, and at the end of this year that amount will be almost doubled

this large supply In order to utilize the company is making experiments in feeding animals with the product after it has been kneaded and made into molds

The company is also about to import a number of automobiles into Greece to be used as public conveyances. The motive power of these machines is to be alcohol extracted from currants. The same alcohol will be used for lighting purposes, and the company is now trying to introduce lamps which burn alcohol.

LEATHER EXPORTS LARGE.

Government Bulletin Shows That the Commerce of 1905 Was the Best on Record.

Washington.-Exports of leather and leather manufactures from the United States during 1905 were the largest on record, says a buffetin issued by the bureau of statistics of the department of commerce and labor. They were valued at \$38,946,422, against \$35,824,-492 in 1904, \$27,169,614 in 1990, and \$12,275,470 in 1890. The gain, says the bulletin, has occurred chiefly during the last decade. Sole leather exports go principally to the United Kingdom and Japan. Of the exports of upper and other leather except sole leather \$10,954,009 went to the United IKngdom in 1905 and \$1,444,756 to Germany.

Total imports of leather and leather manufactures during 1995 aggregate 1 \$12,952,519, being principally gloves (valued at \$5,424,437), skins for morocco and skins for upper teather.

The principal want of many presentday citizens is a want of principle.

The real test of virtue comes after office hours.

PUTNAM FADELESS DYES do not stain the hands or spot the kettle, except green and purple.

Will Widen Kiel Canal.

The ever-increasing dimensions of war vessels has led the German government to conclude to widen the Kiel canal from 60 to 130 feet, and the width at the surface from 130 feet to 350 feet. The proposed improvements, it is estimated, will cost nearly- \$50,000 con

Foremus. veterans.

The French government has just pensioned off Francois Geromini, the guardian of the Bastile column. Geromini was a character. He left Corsica 60 years ago to serve in the grenadiers of the imperial guard. He fought in the campaigns of Algiers and of Rome, and also in 1870 with Bourbakl. He was made a prisoner and taken to Darmstadt and at the fall of the empire became conclered of the Bastile.

Nearly \$100,000 is to be expended by the Illinois Central Railroad for new passenger train equipment. The outlay which has just been authorized by the Board of Directors covers the purchase of the following cars:

Twenty-five coaches and chair cars, ten baggage cars and ten mail cars. All of the new equipment will be of

the latest design and finest finish.

Sargent's Pictures Rare.

Only three pictures by John S. Sargent have been offered at auction in recent years. A head of a girl wearing a red shawl brought \$750 at Christie's. A portrait of Ellen Terry, which fetched \$6,000 and was sold subsequently for \$15,000, and a halflength portrait of a lady sold in 1903

By following the directions, which are plainly printed on each package of Defiance Starch, Men's Collars and Cuffs can be made just as stiff as desired, with either closs or domestic finish. Try it, 16 oz. for 10c, sold by all good grocers.

must change the solid gold of one's thoughts into countless pieces of such small coin that one invariably appears poor.-Carmen Sylva.

In the course of conversation one

Lewis' Single Binder straight 5c cigar, Made of extra quality tobacco. Your deal-er or Lewis' factory, Peoria, Ill.

A man can't be unusually polite

without being looked upon with sus-

Mrs. Winslow's Southing Syrap. children teething, softens the gums, reduces in mation, allays pain, cures wind collo. 25c a bottle

The blooming idiot is always in sea

ITS MERIT IS PROVED

A Prominent Cincinnati Woman Tells How Lydia E. Pinkham's Vegetable Compound Completely Cured Her.

RECORD OF A GREAT MEDICINE

The great good Lydia E. Pinkham's Vegetable Compound is doing among the women of America is attracting the attention of many of our leading scientists, and thinking people gener-



The following letter is only one of many thousands which are on file in beyond question that Lydia E. Pink-ham's Vegetable Compound must be a remedy of great merit, otherwise it could not produce such marvelous results among sick and ailing women. Dear Mrs. Pinkham:-

Dear Mrs. Pinkham:—

"About nine months ago I was a great sufferer with female trouble, which caused me
severe pain, extreme nervousness and fraquent headsches, from which the doctor
failed to relieve me. I tried Lydia E. Pinkham's Vegetable Compound, and within a
short time felt better, and after taking five
bottles of it I was entirely cured. I therefore
heartily recommend your Compound as a
splendid female tonic. It makes the monthly
periods regular and without pain; and what
a blessing it is to find such a remedy after so
many doctors fall to help you. I am pleased
to recommend it to all suffering women."—
Mrs. Sara Wilson, 31 East 3d Street, Cincinnati, Ohio.

If you have suppressed or painful weakness of the stomach, periods, weakness of the komach, indigestion, bloating, pelvic catarrh, nervous prostration, dizziness, faintness, "don't-care" and "want-to-beleft-alone" feeling, excitability, backache or the blues, these are sure indications of female weakness, or some derangement of the organs. In such derangement of the organs. In such -Lydia E. Pinkham's Vegetable Con